

Centennial Basketball Academy

Must Register Online at:

<http://Leagues.bluesombrero.com/cougaraa>

Fun & Fundamental Camp

Who: Boys and Girls Ages 7-12

When: May 30 to June 1, from 8:00 am—11:00 am

Cost: \$60.00

Description: Basketball is a wonderful activity at any age. We believe that it is important to introduce the skills of basketball to players at a young age. Boys and girls will join together in learning the basic skill-building drills and games that will lead to a love and enjoyment of the game in their later years.

Shooting Camp

Who: Boys and Girls Ages 8-15

When: May 30 — June 1 from Noon — 3:00 p.m.

Cost: \$70.00

Description: This camp is designed to develop, what most people believe to be, the lost art of shooting the basketball. Specific details will be taught and replicated to ensure that every camper knows what the perfect shot looks and feels like. All aspects of the camp will focus on improving the player's offensive abilities with specific emphasis on developing the perfect shooting technique. Campers must bring a notebook and writing utensil.

Fundamental Camp

Who: Boys and Girls, Ages 8-15

When: June 12-15, from 9:00 am — 3:00 pm

Cost: \$120.00

Description: This is a more general camp atmosphere, which focuses on all aspects of the game including team play. In a somewhat competitive atmosphere, players will be able to learn and demonstrate the skills of basketball. Each team will be divided by age and ability to enhance every level of skill. The teams learn skills during clinics then demonstrate what is learned by playing at least one game per day. This camp is a must for the developing player from a beginner to the athlete of advanced skill. Campers must bring lunch and a notebook with writing utensil.

****Multi camp and Family Discounts Available****

For Questions: Contact Pete Froedden at peter.froedden@wcs.edu or 615-472-4285

Centennial Basketball Academy

Camps Run by Pete Froedden, Staff and Players



Second year Centennial High School Men's Basketball Head Coach and Camp Director, Pete Froedden, brings a wealth of experience to the camp:

- 20+ Years Experience as a Teaching Camp Director
- 18 Years as a High School Head Coach
- 6 Years as an NCAA Division 1 Assistant Coach
- Winningest player in the history of college basketball while playing for the legendary Don Meyer

What Else Do I Need to Know?

Campers will be divided by gender, age and ability. All campers need to wear comfortable basketball shoes, shorts, camp shirts, and socks every day for camp. It is recommended that campers wear two pairs of socks to avoid blisters. Campers will need to wear their issued camp shirt each day.

For the fundamental and shooting camps, campers are required to have a notebook and writing utensil to reinforce the specific information and techniques they will be learning at camp. Notebooks and pens can be purchased through the camp store at the beginning of the week.

During the camp, there will be several breaks. At this time, campers may purchase snacks from the concession stand. A bank will be established for each camper. All money must be banked with the camp. Money can be deposited at the beginning of the week or you can make daily deposits. All remaining money will be returned after closing ceremonies. Campers attending the fundamental camp will need to bring a lunch. Refrigeration and heating will be available for food.

With the use of the Centennial High School gym, enthusiastic instruction, personalized attention, and a solid teaching curriculum, The Centennial Basketball Academy should fill quickly. So please register your basketball athlete TODAY! We look forward to seeing you!

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